

## ABOUT THE TREATMENT

There are two types of procedures that can be performed within a PhiLings treatment: Microneedling and Phi-Ion. These can be done in combination or separately, depending on indications for the treatment.

### **Indications for Microneedling**

The procedure is aimed at stimulating microcirculation and the natural processes of collagen production and regeneration. (It has also been successfully used for hair restoration in cases of non-androgenic alopecia). Micro-punctures are being inflicted by hand, in the region of the most prominent wrinkles or skin changes, and by Phi NeedlePen system for the wider facial skin areas. Microneedles penetrate the skin to the depth of 0,2 - 0,75mm and the procedure is considered to be painless. During the treatment, specially designed and patented Solution is being applied to the skin surface and subsequently absorbed. After the treatment, the client is issued with special kind of aftercare product (Ultimate skin Cocktail and PhiSoothing cream) followed by detailed instruction for use. Proper aftercare products application is of great importance.

Treatment results include: skin hydration, increased skin tone and smoothness causing existing wrinkles to be less visible and skin younger looking. Results become visible 24 hours after the procedure and shall last for a few months. The procedure is repeated up to three times ten to fourteen days apart.

After the procedure, the skin will be red and flushed in a similar way to moderate sunburn. You may also experience skin tightness and mild sensitivity to touch on the area being treated. This will diminish greatly after a few hours following treatments and within the next 24 hours the skin will be completely healed. After 3 days most visible erythema will be absolved.

### Application and effects:

Skin tightening, lifting and rejuvenation, Acne scars and wound healing, Improves wrinkles and fine lines, Minimize pore size, Improves stretch marks, Treats Alopecia

### Microneedling application technique:

- Operating modes (puncture depth and frequency) in treatment of different facial areas and areas to be avoided
- Proper use of microneedling solution
- Direction and number of passes
- Determining when the treatment is over

To achieve desired results, it usually takes up to 3 treatments, with 2 weeks gap between each of them. The results last from 4 to 6 months.

## Indications for Phi-Ion

Phi-Ion treatment is based on creation of series of minute dots adjacent to the tension lines on the skin. This process triggers an instant contraction and tightening of skin fibers to create a lifting, remodeling and rejuvenating effect. Phi-Ion pen uses the plasma state of matter. The principle involves the ionization of gases from the atmospheric air to create micro electrical discharge causing sublimation of the excessive/sagging superficial skin layer. This method can be used to treat specific areas of concern without damaging the surrounding tissue or applying unwanted heat energy to them.

Phi-Ion pen is a practical portable device that uses a precise focused beam of plasma energy to sublimate the superficial layer of the skin (epidermis), without causing any damage to the underlying or adjacent tissues.

Phi-Ion provides an effective non-surgical blepharoplasty (baggy eyelid correction). It can be used for non-surgical neck-lift, scars treatment including acne scars as well as wrinkles tensioning. It is also able to remove skin blemishes.

This revolutionary method is capable of performing procedures and achieving results comparable to the results of cosmetic surgery including: Eyelid correction, Neck-lift, Acne scars, stretch marks, lines and wrinkles –crow feet, marionette lines, age spots etc.

Phi-Ion application technique:

- Precise anatomy of the eye region
- Determining wrinkles and bend lines stage and selection of areas to be treated
- Operating modes (energy intensity and electro diameter)
- Distance between two consecutive micro contact points and forming the treatment line
- Proper positioning of treatment area and the device
- Connecting the points into tarsal lines and forming tarsal bands by arranging the lines properly
- Forming uplifting lines and bands
- Treating wrinkles outside the eye region

One treatment is usually enough to achieve desired results. After 1 month, on check-up appointment, the artist determines if an additional treatment is necessary. The results are expected to last for at least 9 months.

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M A S T E R  
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